

Annex D – 80km and 104km Course Route Street by Street

Direction	KM's	At/On	Orientation	Notes
Start	0km	Karuah Road	West	Start on Karuah Rd
Right	0.05	Eastern Road	North	Right turn immediately to Eastern Road
Left	1.3	Burns Road	West	Turns left into Burns Road
Straight	2.3	Cleveland St	West	Continue through Cleveland/Burns intersection
Left	2.7	Coonanbarra Rd	South	Left turn into Coonanbarra Rd
Right	3.1	Millewa Ave	North-West	Right turn into Millewa Ave
Straight	3.5	Alexandria Pde	North-West	Continue straight into Alexandria Parade
Straight	3.9	Myra Street	North-West	Continue straight through traffic lights
Right	4.6	Romsey Street	North	Right turn into Romsey Street
Left	5.0	Edgeworth David	West	Left turn into Edgeworth David Avenue
Right	5.4	Pacific Highway	North	Right turn at lights, across rail bridge into "old" Pacific Highway
Straight	7.1	Galston Road	North	Continue straight through Galston Rd/Pacific Hwy intersection
Straight	7.9	Jersey Rd Nth	North	Continue straight through Jersey Rd Nth/Pacific Hwy intersection
Right	9.5	Yirra Road	East	Continue across Pacific Highway/ Yirra Road intersection, through traffic lights
Right	9.6	Belmont Parade	South	Right turn into Belmont Parade
Left	9.8	Ku-Ring-Gai Chase Rd	East	Left turn into Ku-Ring-Gai Chase Rd
Straight	13.8	Kalkari Ku-Ring-Gai Chase Rd	North	Continue to Bobbin Head
Straight	16.9	Bobbin Head Rd	South-East	Continue across bridge into Bobbin Head Rd
Straight	20.9	Bobbin Head Rd	South	Continue straight through Park Gates
Straight	22.0	Bobbin Head Rd	South	Continue straight through roundabout at Curagul Rd
Left	24.5	Keats Rd	East	Left turn into Keats Road
Right	25.0	Ellalong Road	South	Right turn into Ellalong Road
Left	25.2	Burns Rd (cycle way)	South-East	Left turn into cycle way running adjacent to Burns Road
Left	25.7	Warrimoo Avenue	North	Left turn from cycle way into Warrimoo Avenue
Right	27.0	Toolang Road	East	Right turn into Toolang Road
Right	27.5	Memorial Avenue	South	Right turn into Memorial Avenue
Straight	27.8	Mudies Avenue	South	Continue straight through roundabout at Mudies Avenue
Left	28.1	Lincoln Road	East	Left turn into Lincoln Rd
Left	28.3	Kenthurst Rd	North	Left turn into Kenthurst Rd
Right	28.4	Douglas Street	East	Right turn into Douglas Street
Left	28.9	Mona Vale Road	North	Left turn into Mona Vale Road
Left	34.6	Myoora Road	North	Left turn at traffic lights into Myoora Road
Straight	35.9	Aumuna Rd	North-East	Straight through roundabout at Aumuna Road
Left	36.8	Cooyong Rd	West	Left turn at roundabout into Cooyong Road
Right	37.8	Kallaroo Rd	North	Right turn into Kalaroo Rd
Left	38.2	Tooronga Road	West	Left turn into Tooronga Road
Right	39.7	Kinka Road	North	Right turn into Kinka Road
Right	39.8	Booralie Road	East	Right turn into Booralie Road (turnaround)
Left	42.1	Nerang Avenue	North-East	Left turn into Nerang Avenue
Right	42.3	Cowrang Avenue	South-East	Right turn into Cowrang Avenue
Left	42.5	Milsted Rd	North-East	Left turn into Milsted Road
Right	42.6	Coreen Avenue	South-East	Right turn into Coreen Avenue
Left	43.0	McCarrs Creek Rd	North-East	Left turn into McCarrs Creek Road
Right	44.5	Liberator General San Martin Drive	North-East	Continue right on McCarrs Creek Road at intersect with Liberator General San Martin Dr
Left	47.3	West Head Rd	North-East	Left turn into West Head Road (to proceed to the intersection with Liberator General San Martin Drive)
Right (104km); Left (80km)	48.9	Liberator General San Martin Dr	North-East	104 km: Turn right to continue along West Head Road to West Head Lookout; 80km: Turn left into Liberator General San Martin Drive
Left (104km only)	60.6	West Head Turnaround	East	Take left fork of West Head 'one-way' loop. Turnaround at West Head Picnic Area.

Right (104km only)	72.8	Liberator General San Martin Drive	North-West	Right turn into Liberator General San Martin Drive
Straight	76.8	Akuna Bay	North	Continue straight along Liberator General San Martin Drive at Akuna Bay
Straight	81.0	Cottage Point Rd	South	Continue straight along Liberator General San Martin Dr at intersection with Cottage Point Rd
Right	84.7	McCarr's Creek Rd	South-East	Right turn into McCarr's Creek Road
Right	86.2`	Coreen Avenue	West	Right turn across McCarr's Crk Rd into Coreen
Left	86.5	Garrett Avenue	South	Left turn into Garrett Avenue
Right	86.6	Beltana avenue	West	Right turn into Beltana Avenue
Straight	86.8	Cowrang Ave	North-West	Continue straight into Cowrang
Left	87.1	Nerang Ave	South-West	Left turn into Nerang
Left	87.2	Booralie Rd	South-East	Left turn into Booralie
Right	87.3	Myoora Rd	South-West	Right turn into Myoora Rd
Straight	87.6	Cooyong Road	South-West	Straight through roundabout at Cooyong Road
Straight	88.5	Aumuna Rd	South-West	Straight through roundabout at Aumuna Road
Right	89.7	Mona Vale Road	South-West	Right at traffic lights onto Mona Vale Road
Left	95.0	Brigidine College	South	Left turn into Brigidine College Car Park
Right	95.1	Woodbury Road	West	Right turn into Woodbury Rd (from car park exit)
Straight	95.1	Mona Vale Road	West	Straight across Mona Vale Rd at traffic lights
Left	95.5	Warrabina Ave	South	Left turn into Warrabina Ave
Right	95.8	Bundabah Ave	South -West	Half -right turn at Bundabah Ave, continue along Warrabina Ave
Right	95.9	Douglas St	West	Right turn into Douglas St
Right	96.1	Kenthurst Rd	North	Right turn into Kenthurst Rd
Left	96.4	Mudies Road	West	Left turn into Mudies Road
Right	96.6	Memorial Avenue	North	Right turn into Memorial Avenue
Left	97.0	Toolang Road	West	Left turn into Toolang Road
Left	97.3	Warrimoo Avenue	South	Left turn into Warrimoo Avenue
Right	98.7	Burns Rd (cycle way)	West	Right turn onto cycle way running adjacent to Burns Road
Right	99.2	Ellalong Road	North	Right turn into Ellalong Road
Left	99.4	Apps Avenue	West	Left turn into Apps Avenue
Left	99.8	Bobbin Head Rd	South-West	Left turn into Bobbin Head Road
Straight	99.9	Burns Road	South	Straight across traffic lights at Burns Rd/Bobbin Head Rd intersection
Right	100.5	Karlool Street	West	Right turn into Karlool Street
Straight	100.6	Fairlawn Avenue	West	Straight across Fairlawn Avenue
Left	100.7	Evelyn Avenue	South	Left turn into Evelyn Avenue
Straight	100.9	Wolsten Avenue	West	Straight across Wolsten Avenue
Right	101.0	Karuah Road	West	Right turn into Karuah Road
Straight	101.6	Turrumurra Ave	West	Across Turrumurra Ave and FINISH